

LENT AND EASTER CELEBRATION 2018

FASTING AND ABSTINENCE

The Church's official position concerning fasting and abstinence from meat during Lent: Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening – depending on when a person chooses to eat the main or full meal.

Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat.

Fasting

Jewish Law required fasting on only one day of the year - -Yom Kippur, the last of the 10 days of penitence introducing the New Year. However, special public fasts could be called in the face of disasters, e.g. a famine. There were also private fasts. For example, some Jewish people fasted every Tuesday and Thursday.

As Christians, we fast as a way of asking God for what we need, or of doing penance for our sins. But more deeply, fasting is a form of prayer---prayer in action. It helps us experience and express:

- ❖ Our hunger for God
- ❖ Our dependence on God
- ❖ Our weakness and frailty
- ❖ Our willingness to change some of the sinful patterns in our life
- ❖ Solidarity with the poor, the outcasts, the alienated, etc.

Confessions: Confessions are held every Saturday from 3:15 – 3:45 PM in the Church. Confessions will also be held on Monday of Holy Week (March 26) at 7 pm in the Church.

STATIONS OF THE CROSS: Fridays at 7 pm



“FOLLOW ME”: Contemporary Presentation of the Stations of the Cross by the Youth of the Parish Wednesday, March 23rd at 8:00 pm in the Church

PALM BRAIDING



Learn the old world technique of Palm Braiding! Come to the **Parish Meeting Center at 7:00 pm on Tuesday, March 20th**. Bring good scissors. Palm will be supplied. For more information call Cindy Johnson 856-767-0516 or Kitty Longo 856-767-5930.



HOLY WEEK

PASSION WEEKEND (Palms)

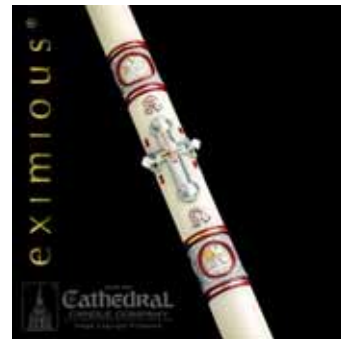
March 24 Saturday Mass: 4:00 pm
March 25 Sunday Mass: 8:00, 9:30 & 11:30 am
Dress Rehearsal Follow Me
March 26 Confessions: 7:00 – 8:00 pm in the Church
March 27 Chrism Mass, Our Lady of Hope, Blackwood – 4:00 pm
March 28 “Follow Me” 8:00 pm
Youth - Stations of the Cross

TRIDUUM

March 29 **Holy Thursday**
Mass of the Lord's Supper, 7:00 pm
Adoration in Church until 10:30 pm
March 30 **Good Friday** -Veneration of the Cross - 3:00 pm in Church
March 31 **Holy Saturday**
Blessing of the Easter Food
12:00 noon in Church

EASTER

March 31 **Easter Vigil** 8:00 pm
April 1 **Easter** 8:00, 9:30 & 11:30 am



PASCHAL CANDLE

Every year we are required to purchase a new Easter Candle (Paschal Candle). As most of you know the candle is blessed and ignited at the Easter Vigil and is aflame every Sunday during the Easter Season. Also, the candle burns for every Baptism and funeral mass. Paschal candles are beautiful but can be costly. If anyone would like to donate to the purchase of our candle, in memory of a loved one, please contact the office or speak to Fr. Jim or Fr. Goyette. Your loved one's name will appear in the parish bulletin and on the TV screens in Church throughout the Easter Season.



2018
LENTEN CHATTERBOX

Here we go again! It's LENT—a time where we focus on giving stuff up. But you're invited to make these next 6 weeks.....well.....a bit more exciting by giving up the *worst-version-of-yourself!*

Come join us for our *Lenten Chatterbox* book discussion as we take a peek at Matthew Kelly's inspiring book.....

RESISTING HAPPINESS

Matthew tackles **fantastic questions** for us: Are you happy? Are you overwhelmed? Do you procrastinate? Do you sometimes feel like you are your own worst enemy? Have you lost the courage to truly be yourself?

Do you feel that your life lacks meaning and purpose?

Do you find yourself avoiding the real issues in your life and focusing on the superficial? And where is **GOD** in all of this?



Soooo....*Resisting Happiness* is an inspiring, transparent look at why we sabotage our own happiness and what to do about it in order to become *the-best-version-of-ourselves*, living with passion and purpose!

Our book, **RESISTING HAPPINESS**, is **FREE** for you! Books can be picked up in our Parish Office at 178 W. White Horse Pike: Any **Monday-Friday from 9:00am-4:00pm**. Call the SueAnn at 856-767-1537 if this is not a convenient time frame. We can set up an alternate time to meet with you.

Gathering Dates: Mondays from 1:00pm-2:30pm **OR** Mondays from 7:00pm- 8:30pm – (Parish Meeting Center)

Chapters are brief—just 3 or 4 pages!

February 19—chapters 1-6

March 26—chapters 31-37

February 26—chapters 7-12

March 5—chapters 13-18

March 12—chapters 19-24

March 19—chapters 25-30

PASTORAL ANNOUNCEMENTS



How the *Catholic Strong* Campaign differs from *House of Charity*

The ***Catholic Strong*** Campaign is different from the House of Charity, which funds the day-to-day programs, services, and ministries of the Diocese and helps parishes, families, and individuals with immediate needs across South Jersey. Primarily, the ***Catholic Strong*** Campaign will generate funds for the parishes themselves. However, 30% of the overall funds raised through ***Catholic Strong*** will be directed at diocesan needs that are not currently funded through House of Charity income, including expanding evangelization and social service outreach efforts, as well as allowing the Diocese to focus on key areas of the 2015 Bishop's Commission on Catholic Schools report. At its core, ***Catholic Strong*** is a campaign to expand, strengthen and empower our Church to stand prepared to serve future generations.

As we begin the ***Catholic Strong*** Campaign here at Saint Simon Stock Parish, the House of Charity will continue, and in fact run concurrently. We are confident that these two important efforts will co-exist successfully.

You will hear more about ***Catholic Strong*** over the next several months. Thank you in advance for sharing your giftedness with our parish and diocese through the ***Catholic Strong*** Campaign.

Diocesan Wedding Anniversary Mass

If in this calendar year (01/01/18 through 12/31/18), you are celebrating a milestone wedding anniversary of 25, 50, 60 or 70 years or more of marriage, please join us in celebrating on ***SUNDAY, June 10, at 3:00 p.m. Mass*** in Glassboro, at Mary, Mother of Mercy Parish. Bishop Sullivan will be the celebrant. A light reception will follow in the parish hall. Registration forms are available at all parish offices. Registration deadline is **May 18, 2018**. For more information please contact the parish office.

LOW-GLUTEN COMMUNION HOSTS



If you are in need of a low-gluten host for our daily or weekend masses, please let the priest or deacon know before Mass. The host will be put in a separate pyx (the small, round gold container) and placed on the altar. You may purchase your own pyx if you'd like at any Religious Store, such as Abbott's at www.churchsupplies.com. If you have any questions, please contact SueAnn at sajolmc@comcast.net.

BIBLE STUDY

A Small Christian Community

Bible Study Meets on Wednesdays from 9am to 11am in the Parish Meeting Center. No previous Knowledge of the Bible in necessary. All are invited to attend.

Upcoming Gatherings:

- February 28
- March 14
- March 21
- March 28



JUST GOT ENGAGED? ...

St. Simon Stock Parish, 178 W. White Horse Pike in Berlin, NJ will offer PRE-CANA this spring for couples preparing for marriage. It is a one-day session which will be held on Saturday, April 14, 2018 from 8:30 am – 2:30 pm in the Parish Meeting Center. Both parties must attend! To register, call Titania at 856-767-2563.



READINGS

MASSES INTENTIONS

READINGS FOR THIS SUNDAY FIRST SUNDAY OF LENT



First Reading: Genesis 9:8-15

God made a promise to Noah that he would never again devastate the entire planet with a flood. He also told Noah that the symbol of this promise would be a rainbow in the clouds.

Second Reading: 1 Peter 3:18-22

This letter from Peter reminds all people that Christ died for us so that we might be led to God. We have been saved by our baptism; not a physical cleansing, but a promise to continually strive to obey God.

Gospel: Mark 1:12-15

Mark briefly tells of Jesus' stay in the desert, where he was tested by Satan. He did not give in to temptation, but reappeared in Galilee to proclaim the good news.

DAILY READINGS FOR THE WEEK

Monday	Lv 19:1-2, 11-18; Mt 25:31-46
Tuesday	Is 55:10-11; Mt 6:7-15
Wednesday	Jon 3:1-10; Lk 11:29-32
Thursday	1 Pt 5:1-4; Mt 16:13-19
Friday	Ez 18:21-28; Mt 5:20-26
Saturday	Dt 26:16-19; Mt 5:43-48

SANCTUARY CANDLE

In Memory of: **Ellen Garrity**
Requested by: **Her Mom, Rose**



EUCCHARISTIC ADORATION: WE NEED YOU!



Why not sign up to spend 30 minutes or an hour per week in quiet prayer and contemplation with our Lord? Eucharistic Adoration is held every Wednesday in the rectory Chapel following the 8am Mass until 5pm with the Miraculous Medal Novena at 4:30pm. We are especially looking for someone who can attend Eucharistic Adoration from 10am to 11am on

Wednesdays. Please call Mary McShane at 856-767-8273. A sign up board is available by the St. Edward statue in the back of Church.

CONFESSIONS: Confessions are held every Saturday from 3:15 – 3:45 pm in the Church.

MASS INTENTIONS FIRST SUNDAY OF LENT FEBRUARY 18, 2018

SAT 2/17
4:00 PM

James Porter Req. by Wife & Family
Morris & Roslyn Freed Req. by Family
Charlotte & Joseph Shore Req. by Jack & Ann Erickson
Frank Kozielec Req. by Jean & Moira Poper

SUN 2/18
8:00 AM

Natalie Arnold Req. by Family
Anna & Robert Petrongolo Req. by Amedeo Petrongolo & Family

9:30 AM

John Olsen Req. by William & Barbara Fearn
Salvatore Cane Req. by Maria & Family
Jim Giosa Req. by Camardo Family
Lourdes Barnacha Solomon Req. by Bill & Karen O'Brien
Phil Roche Req. by Ron & Rose Katkocin & Family

11:30 AM

M/M Harold Baxter Req. by Lenny & Mary Ward
John Gorman Req. by Lenny & Mary Ward
Janet Quinn Req. by Michael & Roxanne Quinn

MON 2/19
8:00 AM

Deceased Members of Santone Family Req. by Family
Stephano Micciche Req. by Joseph Dangelo

TUES 2/20
8:00 AM

Joe Alemi and the Alemi & Cianci Families Req. by Marie
Barbara Conicello Req. by her beloved husband
For Abandoned Souls

WEDS 2/21
8:00 AM

Phyllis Pisciotta Req. by Altar & Rosary Society
Intentions of Santino Michael & In Loving Memory of Bella Marie Req. by Family

THURS 2/22
8:00 AM

Antoinette Dogostino Req. by Josephine Dogostino

FRI 2/23
8:00 AM

Frank Chicinni Req. by Eugene Polanski
STATIONS OF THE CROSS

7:00 PM
SAT 2/24

8:00 AM
4:00 PM

Debbie Fisher Req. by Arleen Frattone
Lorraine Elmer & Rick Erickson Req. by Jack & Ann Erickson
Frank Poper Req. by Jean & Moira Poper
Carmen Ordille Sr. Req. by Barry & Sally Humphries
Rosalie Valvardi Req. by Michael & Roxanne Quinn

SUN 2/25
8:00 AM

Bea Raiker Req. by Ritamarie Giosa & Family
Juliann Peter Req. by Family
Nancy Garstkiewicz Req. by Loretta Bunoza & Maria O'Brien

9:30 AM

Marie Mundrick Req. by Ron & Pat Miller
Lea Fitzpatrick Req. by Krista Mikolajczewski & AJ
Wendy Canales Req. by Carl Auwarter & Family
William W. Bray Sr. Req. by Germano Family
Kathleen Begley Req. by Giosa Family
Harry Sauers Req. by Mom & Dad
Gregorio Ferri Req. by Wife & Children

11:30 AM

SPIRITUALITY & PRAYER

To Everything There is a Season, and a Time for Every Purpose Under Heaven". (Eccl 3)
*a time to bring forth new life...a time to be baptized...a time to be married...a time to welcome...
a time to serve...a time to be healed... a time to die...*

MILITARY

SGT Adam Cutaiar; USMC
CTI 2 Russell Hagner
US Army Sgt. Jason E. Healey
Michael Angelow, PO2 US Navy
Nadeem Sarwar, US Army
SPC Justin Scheuren

Staff Sgt. David Sigwart
1st PV2 Amanda Sylvester
Sean P. Gillespie Pvt. 1st Class
Sherri Mercier
Sr. Airman Maverick Marchesani
Tyler Fisher, US Army

Cpt. Lewis Nicoletto
Joseph J. Morris, III, US Army
SSgt. Taylor Purvis, US Army
Scott Maulo Jr., US Army



HOMEBOUND AND SICK

Marge Acheson
Marguerite Alward
John Andreotti
Barbara Angelucci
Rocco Arcaini
Patricia Bailey
Kathryn Banks
Salvatore Baretta
Alberta Barody
Scott Beckett
Richard Beppel Jr.
Theresa Beppel
Besong Family
Makenzie Bogart
Peyton Bravo
Dennis Brown
Margaret Brown
Perry John Buford
Pat Byerly
Margaret Byne
Tom Byrne
Bob Cagle
Danielle, Dan & Danny Capra
Jodi Cardenas
Marie Carr
Maverick John Casey
Bob Chambers
Dorothea Cheslock
Tammy Citrone
John J. Clancy
Frank Conicello
Joann, Jerry Conley
Carole Conner
Lorraine Contardo
Lori Craig
JoAnn Crossetta
Phil Curreri
Herb Dalbow
Francis DeLorenzo
Dawn Dentzau
Mary DeSpirito
Annie DiGerolamo
Thomas DiMattia
Joe Donahue Sr.
John DiRiego
Carmella, Barbara Dooley
Catherine Douress
Deborah Dowd
Msgr. Francis X. Dreger
Dennis Druding III

MaryAnn Edgerton
Rachele, Kevin Edwards
Thomas & Vera Ellison
Jack Erickson
George Esposito
Baby Easton
Michael Evans
Dolores Fahringer
Anthony, Anthony Faiella Jr.
Nora Feger
Dorothy Ferrara
Stephanie Frago
Rose Fraioli
William Friedrich
John Garrity
Zack Geisenhimer
Antoinette Glass
Helene Reed-Gollon
Richard & Gail Grabowski
Daniel Guetherman
Grant Guidry
Debbie Gutjahr
John Haley
Barbara Handy
Caitlin Harkin (baby)
Douglas Hatch
Diane Helmetage
John J. Henderson
Patrick Hennessy
Denise Henry
Judy Herlihy
Cy Hill
Christine Hirsch
Jan & Drew Hohenstein
Honrychs Family
Bob Horn
Margaret Iuliucci
Marianne Jacobs
Robert Jacobs
Neil Johnson
Baby Juliana
Barbara Keeley
Katherine Kennedy
Vera Ann Kirk
Don Klingler
Julie Kramer
Gladys LaLena
George LaMarra
Carol Lee
Kate Lee

Sophia Marie Lewis
Audrey Liebler
Lillian Lovenduski
Morgan Lowe
Stephen Malloy, Marie Malloy
John Manes Jr.
Loretta Martinelli
Rosa McDermott
Michael McDonald
Paul McElroy
Patricia McGinty
Elizabeth McHenry
Mary McKay
Mary McShane
Savannah McSorley
Brooklyn McQuoid
Adele Miller
Kaitlyn Miller
Lorraine Moore
Joan Morris
Karyn Mumma
Arlene Murphy
Laylani Narvaez
Joel Nicoletto
Florence Niemann
Clyde O'Brien
Maria O'Brien
Grant O'Neill & Anna
Chris O'Rourke
Catherine Oswald
Edward, John Ottenthal
Baby Paisley
Edward Pearce
J'lani Pena
Catherine Perkins
Denise Petti
Roseanne Pirolo
Glenn, Shannon Pliszczyk
Frank Power
Diana Prichard
Matthew Prichard
Quinn Rathjen
Margaret Renzi
Frankie Rooney
John Ross
Kelli Rotundo
Brandon Rulon
Peggy Sachs
Sammy and Sophia
Amelia Sabol

Frank Santilli
Arlene Scutte
John Sesko
Dominic Settembrine
Rose Shaves
Krista Sheehan
Liam Alexander Sherwood
Alec Silovitz
Barbara Smith
Peg Skorup
Dawn & Harry Smith & Family
Maryann Sorensen
Karen Stanga
Logan, Wayne Stepler
Christina Sturgis
Helen Swanson
Jason, Robyn Talucci
Brielle, Diane & Devan Taylor
Michelle Taylor
Elizabeth Tees
Patricia Tighe
Michael Tomeo
J'lani Torres
Victor Torres
Charles Trimmel
Frances Turner
Heidi Valery
Donna Vancanti
Wildamina Vilmont
Joseph VanDyke
Wagy Family
Lorraine Walser
Joyce Walsh
Sr. Patricia Mary Walsh, O.P.
Baby Lucas Watkins
Kathy Watkins
Minnie Wheeler
John White
Thelma Wichrowski
Catherine Welsler
David Wenck
Joanne Wescott
Thomas Woodward
Barry & Robin Wright
Colleen Yaniak
Baby April Yost
Lissy Zulueta

Please pray for those who have continued on their journey to the Kingdom of God:
Angel Ferren



BANNS OF MARRIAGE
Joseph Signore & Daniella Giuletti



We welcome into the Catholic Christian Community:
Paisley Jean Coluzzi
Addison Rae Smurlo

LIFELONG FAITH FORMATION

**Children's Faith Formation,
Youth and Young Adult Ministry**
Sr. Barbara O'Neill, IHM~ 856-767-1537

YOUTH FAITH FORMATION 2017-2018

Sundays: 10:30 – 11:30 am

Mondays: 4:30- 5:30 pm



CONFIRMATION

Bishop Dennis Sullivan will celebrate the Sacrament of Confirmation on **Tuesday, April 17th at 5 pm.**



FIRST COMMUNION

The Sacrament of First Eucharist will be celebrated on **Saturday, May 5th at 10am and 12 pm.**

YOUTH OF THE PARISH

Calling all young people grades 6-12th

St. Simon Stock Youth Group

6, 7 & 8 grade meet in the gym;

9-12 grade meet in the PMC

Sunday nights 6:30 – 8:00 pm



A fun and energetic group of young people who have the opportunity to hang out and have a good time. Prayer, trips, fundraising, service projects, game nights, gym time are just a few of the ways we get to know each other and make friendships based in God's love within a supportive and loving environment. For more information contact Christian McGlinchey at 856-506-2775 or email Christian at mcglinchc5@students.rowan.edu. St. Simon Stock offers opportunities for 6th through 12th grades to become more involved in the parish. We encourage you to take advantage of all our parish has to offer you. You have the opportunity to learn, to live and to love your faith. All are welcome: bring your friends.

Youth Schedule

Feb. 18, 25	"Follow Me" Rehearsal 6:30 -8:00 pm in Church
March 4, 11, 18	"Follow Me" Rehearsal 6:30 -8:00 pm in Church
March 25	"Follow Me" Dress Rehearsal
April 15	Celebration for all who participated in "Follow Me"

"Follow Me"

Youth Stations of the Cross

Please come and join us:

March 28 at 8:00 PM



"Follow Me" is a contemporary, prayerful presentation of the Stations of the Cross. The youth of the parish present this reenactment as a gift to the Parish at the start of Holy Week. This presentation is directed by the Young Adult Ministry.

DIOCESE OF CAMDEN

Office of Youth, Young Adult and Campus Ministry
Live the Truth! Teens in grades 8 – 12 are invited to the Diocesan Youth Congress for teens on Sunday, March 11, 2018, at Assumption Regional Catholic School in Galloway, NJ. This day-long event provides teens with a chance to make new friends, explore their faith through service and connect more deeply with God. The schedule includes dynamic service events, inspiring prayer, and national speaker. Visit Youth Ministries at www.camdendiocese.org/diocesan-youth-congress-2018 for more information.

FR. GOYETTE'S HOMILY GROUP

Fr. Goyette's Homily Group will meet at 1:00 PM on Mondays in the Basement of the Parish Office. Come discuss the readings for the next Sunday. **Please note:**

PICKLEBALL

Pickleball has arrived at St Simon Stock. We are playing mostly on weekends. If you are interested in learning more about the game contact John Watkins at 856-905-4523 or email johnpb16@comcast.net. You can also visit our website at delvalpickleball.com. Hope to see you on the courts.

Daily Rosary/ Chaplet of Divine Mercy

Please join us as we pray the Rosary and/or Chaplet of Divine Mercy after the 8 am Mass (Mon-Sat.). All are welcomed to join us as we pray meditatively in peace and joy.

THEOLOGY ON TAP

A discussion series for Catholic young adults & their friends, married and single, in their late teens (18-19), 20s & 30s.

**God Calling
FISH FOR LENT
BEING MISSIONARY DISCIPLES**



Tuesday, 3/13/18

7:00 pm ~Doors Open

7:30 pm – 9:00 pm – Presentation

Tir Na Nog Kitchen & Irish Pub

482 E. Evesham Rd., Cherry Hill, NJ 08003

Presenter: Fr. Nick Dudo



Fr. Dudo is the Vicar of Clergy for the Diocese of Camden. Father studied in Rome and at Saint Charles Borromeo Seminary in Philadelphia before he was ordained in June 2008. He has served as pastor at Our Lady of Perpetual Help in Galloway from 2011 – 2017. He is also on the Vocation advisory Board; Presbyteral Council; and College of Consultors.

STEWARDSHIP Stewardship Trust

"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God...." - MARK 1:14

Do you ever think about how difficult it must have been for Jesus to come into Galilee, knowing that John had just been arrested for teaching the same message that Jesus was proclaiming. It must have taken great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, following a life of **Stewardship** takes great love and trust from us. We must be willing to surrender completely to God, trusting that God will always give us all that we need to fulfill His plan for us.

OFFERTORY COLLECTION

February 4, 2018

Sunday Collection: \$ 10,934.00

Electronic Giving Sunday: \$900.00

Capital Needs/Debt Reduction: \$ 1,859.00

Electronic Giving Capital: \$175.00

Poor Box: \$ 274.11

Candles: \$ 176.00

February 11, 2018

Sunday Collection: \$ 10,140.00

Electronic Giving Sunday: \$1,294.00

Capital Needs/Debt Reduction: \$ 1,609.00

Electronic Giving Capital: \$260.00

Poor Box: \$ 311.00

Candles: \$ 135.00

HOUSE OF CHARITY BISHOP'S ANNUAL APPEAL

If you have not yet made your sacrificial gift to the 2018 House of Charity Bishop's Annual Appeal, please consider doing so. Pledge cards can be found in the back of Church. So far we have raised **\$ 50,215.00** from **108** families on our parish goal of **\$117,969.93** (or **42%**) for an average gift of **\$464.95**.

TAX STATEMENTS

If you would like to receive a statement of your contributions for the 2017 Tax Year, please call the parish office at 856-767-2563 (ext. 300) and leave your name address and telephone number. Thank you.

Knights of Columbus

MEMORIAL SERVICE: Archangel Knights of Columbus 7429 would like to pay honor to our recent fallen Brother Roger Schwartz with a brief memorial service this Sunday, February 18th after the 11:30 Mass.

Diocesan Black History Month Mass

Join Msgr. Leonard G. Scott, homilist Rev. Manuel B. Williams, and the Diocesan Gospel Choir this Sunday, Feb.18, 2018, at 2:30 p.m. at St. Charles Borromeo Church, 176 Stagecoach Road, Sicklerville, NJ 08081. A light reception will follow.



St. Simon Stock Conference of St. Vincent de Paul Society

Thank you parishioners for your generous donations this weekend to our monthly food collection for our parish food pantry.

SVdP appreciates the support of all the members of our parish who assist those in need by your prayers, time commitments, food and financial donations. We thank you on their behalf of those we serve.

Put your faith into action by belonging to a friendly group of VOLUNTEERS and DISCOVER HOW POSITIVE MOMENTS OF CONNECTION AND CARING MATTER IN SOMEONE'S LIFE.

Contact us at 856-767-7391 on Tuesdays, Wednesdays, and Thursdays between 11 AM and 3 PM. You are also welcome to come into our Food Pantry and Thrift Store at 157 W. WHP, Berlin during those same hours. The Thrift Store and Donation Door are open an hour earlier on those days and also on Saturdays 10AM-1 PM.

ST. JOSEPH HIGH SCHOOL NEWS Hammonton NJ

- SJHS Open House - Thursday March 8, 2018 (6pm to 8pm)
- Applications for Acceptance for the 2018-2019 school year still being accepted
- Registration February 24: Any Freshman that registers on or by the 24th will be put in a drawing for 50% off their first year tuition.
- 2nd Annual Fashion and Glamour Expo: Sunday, March 11, 2018 (Noon to 4pm) at the Cathedral Event Center in Hammonton. Tickets are \$40 for Adults/\$25 for students, includes lunch by Columbia II Caterers. Please call 609-561-8700 x 124 for info and tickets.

St. Simon Stock Health Ministry Presents:
7 Simple Ways to get Heart Healthy!



**Early Morning
 PRAYER & YOGA**

Wednesdays ~ 6:30 am ~Parish Meeting Center

red side door (former preschool) entrance

Start your day feeling centered, refreshed, and more closely connected to God. No cost to attend. No prior experience necessary. Simply bring a yoga mat and join us! For info: call Sue at 856-685-3638.

**POCKET ROSARY MAKERS NEEDED FOR
 POLICE BLUE MASSES**

Do you have a special devotion to our Lady? Do you enjoy arts and crafts, knit or crochet or don't enjoy them? Do you want to show your support for the police who protect us? Then come and join the pocket rosary makers' ministry. Our ministry is starting up again. There are many jobs and all that is needed is a willing spirit and an eager heart. If want to be a part of this ministry, call Rosemarie Manes 856-753-8812 or 215-332- 2162. Must be 18 years or older.

1. MANAGE BLOOD PRESSURE

High Blood pressure is a major risk factor for heart disease and stroke. Lowering your blood pressure reduces the strain on your heart, arteries and kidneys, which keeps you healthier longer.

2. CONTROL CHOLESTEROL

High cholesterol contributes to plaque, which can clog arteries and contribute to heart disease and stroke. Opt for sauteed or baked over fried.

3. REDUCE BLOOD SUGAR

Most of the food we eat is turned into glucose (or blood sugar) that our bodies use for energy. Prolonged high levels of blood sugar can damage your heart, kidneys, eyes & heart.

4. GET ACTIVE

Living an active life is one of the most rewarding gifts that you can ever give yourself and those you love. Try 10 minutes 3 times a day.

5. EAT BETTER

A healthy diet is one of your best weapons for fighting cardiovascular disease. Eating a heart healthy diet improves your chances of staying healthy – for life!

6. LOSE WEIGHT

When you shed extra fat, you reduce the burden on your heart, lungs, blood vessels and skeleton.

7. STOP SMOKING

Cigarette smokers have a higher risk of developing cardiovascular disease.

FEBRUARY...NATIONAL HEART HEALTH MONTH

Diaconate Vocations
Where Love Becomes Service

- * Do you see in yourself the gifts needed for helping others?
- * Are you drawn to pray and listen to the Word of God?
- * Do you participate actively in Church ministry?
- * Are you between the ages of 30 & 55?

The Office of the Diaconate is currently accepting applications from men discerning a call to ordained ministry. If you would like to learn more about the ministry of the deacon, visit our website at www.camdendeacon.org or call 856-583-2858.

Is God calling you to Serve?
Let us help you answer that call.

The Office of the Diaconate is supported by the
 House of Charity - Bishop's Annual Appeal

LITURGICAL MINISTRY SCHEDULE FOR FEBRUARY (Revised 1/24)

2/17-18 4:00 PM

EMs (1) G. Grabowski, A. Martini
 (2) C. Reilly, B. Bansch

Lectors B. Piontkowski, K. Talucci
Altar B. Johnson (MC), N. Wojski
Servers Z. Holland, J. Rivera
Music Linda, Terry

8:00 AM

(1) B. Davis, R. Perocho
 (2) J. Martin, D. Quinn
 Jas. Smith

L. Bunoza, S. Villa
 E. Pallante (MC), B. Smith
 S. & A. Millenbach
 Steven, Rich

9:30 AM

(1) F. Mitchell, F. Andringa
 (2) C. Mitchell, C. Rainey

P. Fleming, F. Eddis
 No. Covone (MC), H. Eddis
 Na. & S. Covone
 Choir

11:30 AM

(1) T. Powers, C. Codario
 (2) J. Ralston, W. Bradley

R. Voltaire, A. Marchesani
 S. Bradley (MC), J. Salvatore
 J. & C. Taylor
 Cindy, Vicky

2/24-25 4:00 PM

EMs (1) G. Grabowski, B. Bansch
 (2) B. Piontkowski, A. Martini

Lectors K. Talucci, D. Adams
Altar M. Lewellan (MC), V. Longo
Servers A. Lewellan, A. DiOrio
Music Tony D.

8:00 AM

(1) L. Bunoza, M. Werner
 (2) D. Quinn, W. Piatek

J. Robinson, J. Hill
 E. Pallante (MC), J. Boyd
 C. Erickson, J. Zulueta
 Stephanie, Lynne

9:30 AM

(1) L. Gillespie, B. Hansen
 (2) J. Gillespie, D. Sorensen

C. Katkocin, B. Wright
 E. Hess (MC), J. McPeak
 R. Kurtz, S. Gillespie
 Rich, Theresa

11:30 AM

(1) L. Tartaglia, S. Rosenbaum
 (2) T. Brisbin, C. Warrington

A. Marchesani, B. Hoag
 C.Sweeney (MC), C. Bindig
 S. Algeri, N. Marino
 Liz, Mike

“Thirsty” Thursday is Back!

“A Night with Van Gogh”

Wine and Paint Night

Thursday, February 22nd

Only 24 seats are available!

Cost: *\$30 per person*

Location: OLMC School Art Room

Time: 6:30 - 8PM

RSVP to Jodi Wilhelm

856-767-1751 ext. 312

or jwilhelm@olmc-school.org

All art supplies, canvas and
light appetizers included!

BYOB



American Girl

“American Girl Tea Party”

Sunday, April 8, 2018
1-4PM

Our Lady of Mt. Carmel School - Father Bourke Memorial Hall

Tickets must be purchased through Eventbrite.com

\$35 ticket includes 1 adult & 1 child, \$10 additional child tickets available while supplies last (Eventbrite fee will be assessed at checkout). Sales begin Sunday, January 21st. Don't wait to get your tickets, we expect to be sold out quickly. No tickets will be available at the door for this event!

- 10 American Girl Dolls
- Grand Prize Raffles for “American Girl Experience” trip to D.C. and the American Girl “Doll of the Year”
- Welly Wishers and Itty Bitty babies
- DJ, doll ear piercing, door prizes and light refreshments

Our Lady of Mount Carmel Athletic Association Presents

“A Night Out With Coach Rancio”

WHEN: Saturday, March 17, 2018
7:00pm – 11:00pm

WHERE: Father Bourke Hall

PRICE: \$20/under 18, \$25/adult, \$45/Couple
(buy tickets at <https://www.eventbrite.com>)

WHAT: Do you have a great story about Coach?
Do you want to let everyone know how he
influenced you? Do you just simply want to say
“Thank You” for all he has done?

This is the time! E-mail Kelly Conway at
conway1997@verizon.net to reserve your
spot on the roster!

****Tickets will not be sold at the door.****
****BYOB – Food is included in ticket price****
All Proceeds Benefit OLMC-AA



OLMC
School

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School